Virginia Cooperative Extension Virginia Tech • Virginia State University

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## **CAMP CLASSES DESCRIPTIONS**

2017

COUNTY: AMHERST

NAME:\_\_\_\_\_\_Age:\_\_\_\_\_Male ---Female ---Birthday:\_\_\_\_\_\_ Month

Date Year

PLEASE INDICATE THE NAMES OF YOUR CHOICE OF ROOMMATE OR ROOMATES:

## Please rank (1-8) these camp classes in your order of preference; place a NUMBER by the class. You will receive 4 of these (first come, first served)

| ADVANCED SWIMMING        | For campers who can swim. Campers will be taught new strokes, stroke form and water games.   |
|--------------------------|--|
| ARCHERY                  | Participants will learn safety, use and handling of archery equipment, and proper aiming and shooting techniques.  |
| BASKETBALL               | Learn the rules and some skills! Learn new games to play!  |
| BEGINNING SWIMMING       | Participants will be taught the fundamentals of swimming, overcoming fear of water and begin learning crawl stroke.  |
| CANOEING                 | Participants will learn about canoeing terminology, techniques, equipment, care of equipment and will gain canoeing experience. Participants must pass the swim test to take this class.               |
| "C.I.T."                 | Learn How To Become An Effective Teen Leader. Taking this class is a plus for being chosen as a camp teen leader in the future. <b>(13-14 Year Olds; two-period class)</b>                             |
| CLIMBING WALL/HIGH ROPES | Learn how to climb a rock wall! Participants will learn to work together through basic camping skills, rope course initiatives and group trust activities. (2 period class, age 12 +; wear long pants) |
| CREATIVE CRAFTS          | Participants will learn how to make decorative home crafts and other fun stuff!  |
| FISHING                  | Participants will be taught to bait and cast. Bring your own fishing tackle and rod & reel. "Live" bait is provided.   |
| FOUR SQUARE              | Learn the rules and strategies to compete in this fun game – at the pavilion   |
| GAU GAU                  | A 4-H Original! Have fun with this "wild" dodge ball game! Learn the rules to help you "survive"!  |
| INDOOR COOKING           | Campers will learn how to make mini pizzas, snacks and much more.  |

(OVER)

| KAYAKING          | One class only, Max of 12 – learn the basics of handling a one-person kayak (Ages 12 years and older only)  |
|-------------------|---|
| LEATHERCRAFT      | Participants will be introduced to the fun and exciting art of leather crafting. Each class participant will receive one craft project to work on in class, and additional craft kits will be available through the camp store.   |
| LOW ROPES         | Campers will learn to work as a team and conduct group trust activities.  |
| NATURE CRAFTS     | Learn how to make animal tracks & birdfeeders, do some painting and other hands-on nature related fun!  |
| NATURE & FORESTRY | Venture out into the woods for an exciting and hands-on experience. Campers will have the opportunity to collect specimens from the creek, learn about and touch reptiles and amphibians, and more!   |
| MULTIMEDIA        | The age of technology is upon us, and we are going to embrace it in this class.<br>Campers will be able to travel around to all of the 4-H Camp capturing all the fun<br>and excitement to share with the outside world with blog and social media updates.<br>Campers may also choose to include their pictures and videos in an end of the week<br>slideshow! |
| OUTDOOR COOKERY   | Campers will be taught how to build a fire, grill operation and preparation of meals.   |
| RIFLE SAFETY      | Campers will be taught how to use firearms safely, shooting skills and parts/maintenance. Safety on the range will be practiced at all times.   |
| SOCCER            | Learn the skills and rules of this fast-growing and popular sport!  |
| THEATRE ARTS      | Participants will learn techniques in performing including costuming, make-up, and use of props using their own skills and talents. This class is designed to increase self-confidence as well as positive group interaction.   |
| VOLLEYBALL        | Learn the skills of playing volleyball and have fun at the Holiday Lake "Beach Volleyball" court!   |
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