



4-H Summer Camp SUGGESTED PACKING LIST

Place camper's name on all possessions!

All campers must bring a pair of closed-toed shoes—these are required for some classes!!

Please bring clothing that is practical and modest ! Campers who are not appropriately dressed will be asked to change into something more acceptable.

INAPPROPRIATE DRESS AND APPEARANCE (What is NOT allowed):

- *Clothing with negative, indecent language or symbols, excessively tight or short garments, exposed undergarments, lack of appropriate undergarments.*
- *Clothing with holes, tears or slashes, halter tops/tube tops, or low cut tops, belly shirts that expose excessive midriff, see-through blouses, skirts or pants,*
- *Short-shorts-When your arms rest at your side, your shorts should be no shorter than your fingertips.*
- *Any adornment that could be perceived as or used as a weapon, Headgear of any type should not be worn indoors and must be removed for flag circle.*

- 7 shirts and shorts or pants
- jacket or sweatshirt
- tennis shoes
- water shoes or flip-flops
- pajamas
- swimsuit—should be modest, fit properly and be in good taste
 - girls--one piece or tankinis please, **no bikinis**
 - boys--**no "speedos"** or cut-offs
- sleeping bag or twin-size sheets and a blanket
- pillow, pillowcases
- 2-3 towels, 2-4 wash cloths
- medications (**to be turned in to camp nurse**)
- soap, shampoo, deodorant, sunscreen
- toothpaste and toothbrush
- socks and underwear - 7 pairs of each
- a flashlight
- **a water bottle**
- a book for bedtime/rainy day

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- Money for camp store--NO CHECKS! PLEASE BRING CASH IN SMALL BILLS
-- Please - NO twenties. Suggested amount is \$20-\$30.

Optional – you can bring some outfits, props, etc, for the Pirate theme (no real swords, pistols, or muskets, please! And NO RUM!!)

What to leave at home:

- cell phones (we are in a dead-zone anyway)
- jewelry and valuables
- pocket video games
- radios, C.D. players, other electronics
- knives, fireworks and other illegal, inappropriate or dangerous items
- fans—adult and leaders will bring them—campers may not.
- food (*We have mealtimes and the camp store is open several times a day! Food in the cabins attracts insects and wildlife!*)
- AEROSOL CANS

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If you are a person with a disability and desire any assistive devices, services or other accommodations to participate in this activity, please contact the Amherst Extension Office at 434-946-9365/TDD* during business hours of 8am to 5pm to discuss accommodations 5 days prior to the event. TDD number is (800) 828-1120.