

## D. 4-H Camp Health and Wellness

### 1. Holiday Lake 4-H Educational Center Rules and Policies

- a. Possession or use of alcoholic beverages or illegal drugs on Center property is strictly prohibited.
- b. No smoking in or around any buildings.
- c. No “rough housing” in any building.
- d. Pay phone on Center office porch is off limits to campers and teens.
- e. No campfires allowed except in the camp fire circle.
- f. Possession or use of fireworks, firearms, or knives is strictly prohibited.
- g. All guests must register at camp office and leave premises immediately at conclusion of evening program.
- h. Staff quarters are off-limits to all campers, teen leaders, and adult leaders.
- i. To conserve energy, please turn off all lights when not needed.
- j. No special events or social activities will be held during the camp week by or for any group, including: teen leaders, adults, agents, or staff.
- k. Toilets and urinals should be flushed after use.
- l. All litter and trash should be placed in the proper containers.
- m. Only authorized personnel are allowed in the kitchen.
- n. No pets allowed.
- o. In accordance with written request from Holliday Lake State Park, **no noise after 11:00 p.m.**
- p. Agents or leaders should not leave camp without knowledge of Camp Director.
- q. Shoes or other footwear must be worn at all times.
- r. No wading or swimming is allowed in the lake.
- s. Campers must be accompanied by an adult or leader when on the beach or docks. Campers must stay at least one body length from the water.
- t. No rock throwing at any time.
- u. Campers must stay out of the woods unless in an approved program, class, or event.
- v. Hang all wet items on lines at the cabins.
- w. Possession of aerosol cans is prohibited.
- x. Cell Phones and other electronics are not allowed at camp. With prior approval, electronics may be used if they are needed as part of a program or activity and only used at such time.
- y. Campers requiring medical attention must be accompanied to the clinic by a teen leader or adult.
- z. Fire extinguishers and smoke alarms are for emergency use only, and should not be tampered with.
- aa. Physical, emotional, or mental abuse/discipline or corporal punishment measures are strictly prohibited and will not be tolerated.
- bb. Abusive and profane language is not allowed.

**ATTENTION: ABUSE/INFRACTIONS OF HOLIDAY LAKE 4-H EDUCATIONAL CENTER RULES AND POLICIES CAN BE CAUSE FOR DISCIPLINARY ACTION. THE CAMP DIRECTOR, CENTER DIRECTOR, PROGRAM DIRECTOR, AND ANOTHER ADULT SELECTED BY THE TWO WILL DETERMINE THE APPROPRIATE DISCIPLINARY ACTION. THE DECISION OF THIS PANEL IS FINAL AND NOT SUBJECT TO APPEAL.**